



www.rocklandbargrill.com

323 Union Street, Rockland MA • (781) 347-3945

APPETIZERS

CHICKEN WINGS: Brined, Bone in Wings, choice of sauce; Buffalo, Sweet Thai Chili, Garlic Parmesan and BBQ - 6/\$7.99
12/\$13.99

STEAK and CHEESE EGG ROLLS: Prime Rib, Caramelized Onions, Smoked Gouda and Horseradish Aioli - \$10.99

BUFFALO CHICKEN DIP: Roasted Chicken, Blue Cheese, served with Tortilla Chips - \$10.99

NACHOS: Cheddar Cheese, Jalapenos, Corn Salsa, and Cilantro Cream - \$10.99
Add Chicken - \$2, Chili \$2, Steak \$4 or Shrimp \$5

QUESADILLA: Grilled Tortilla, Cheddar Cheese, Caramelized Peppers and Onions, Corn Salsa - \$8.99
Add Chicken - \$2, Steak \$4 or Shrimp \$5

CHICKEN TENDERS: House made; choice of sauce; Buffalo, Sweet Thai Chili, Garlic Parmesan and BBQ - \$8.99

FRIED MOZZARELLA: Handcrafted Fried Mozzarella and Marinara - \$8.99

SHORT RIB SLIDERS: Braised Short Rib, Cole Slaw and Smoked Gouda - \$9.99

SWEET & SPICY SHRIMP: Grilled Shrimp Skewer with Sweet and Spicy Glaze - \$11.99

CRABCAKES: Pan Seared and served with Garlic Aioli - \$14.99

BEVERAGES

Cola, Diet Cola, Pep Up, Ginger Ale, Root Beer - \$2.00

Lemonade, Raspberry Iced Tea, Unsweetened Iced Tea - \$2.50

Red Bull - \$4.00

Coffee, Hot Tea - \$2.00

Milk, Chocolate Milk - \$2.00

SOUPS and SALADS

FRENCH ONION: Three Cheese Blend with Toasted Crostini - \$4.99

NEW ENGLAND CLAM

CHOWDER: Bacon and Scallions - \$5.99

CHILI: Topped with Cheddar Cheese and served with Tortilla Chips - \$6.99

RBG CHOPPED: Romaine, Iceberg, Cucumbers, Red Onion and Tomato - \$6.99

CAESAR: Romaine Hearts, Parmesan, and Toasted Crostini - \$7.99
Add Chicken - \$3, Steak \$5 or Shrimp \$6

CHOPPED COBB SALAD: Romaine and Iceberg mix, Roasted Chicken, Blue Cheese Crumbles, Bacon, Tomato, Egg and Avocado tossed in your choice of dressing - \$12.99

CAPRESE SALAD: Tomato, Basil, Fresh Mozzarella, and Balsamic Glaze served on a bed of greens - \$8.99
Add Chicken - \$2, Steak \$4 or Shrimp \$5

DRESSINGS:

Balsamic Vinaigrette, Blue Cheese, Caesar, Italian, Ranch, 1000 Island & Honey Mustard

FLATBREAD

RBG: Garlic Oil, Caramelized Onions, Bacon, Mozzarella and Scallions - \$12.99

VEGGIE: Peppers, Onions, Spinach, Mozzarella and choice of Red or White Sauce - \$10.99

MEAT LOVERS: Red Sauce, Mozzarella, Pepperoni, Seasoned Beef and Bangers - \$13.99

CHEESE: Red Sauce and Mozzarella - \$9.99

BUILD YOUR OWN:

Green Peppers, Jalapenos, Caramelized Onions, Spinach, Tomato \$.50/Each

Pepperoni, Bacon, Bangers, Chicken, Seasoned Ground Beef, Mozzarella, Extra Cheese - \$1.00/Each

ENTREES

BEEF SHORT RIBS: Slow Braised with Mashed Potato and Asparagus - \$16.99

SHEPHERD'S PIE: Seasoned Ground Beef, Corn and Mashed Potatoes - \$13.99

FISH and CHIPS: Battered Haddock served with Fries and Cole Slaw - \$15.99

BANGERS-n-MASH: Irish Bangers with Mashed Potatoes and Gravy - \$12.99

TIPS: Choice of Steak or Turkey: Bourbon Marinated with Jasmine Rice and Sautéed Spinach - \$16.99

BAKED HADDOCK: Seasoned Crumbs, Lemon Butter Sauce, Sautéed Spinach and Jasmine Rice - \$15.99

GRILLED ATLANTIC SALMON: Jasmine Rice, Sweet Soy Glaze with choice of vegetable - \$18.99

CHICKEN CURRY: Sautéed Chicken, Peppers and Onions in Curry with Fries and Rice - \$14.99

CHICKEN PARMESAN: Served over Penne Pasta - \$13.99

CHICKEN BROCCOLI ZITI: Grilled Chicken, Broccoli, and Creamy Alfredo - \$13.99

STEAK FRITE: 12oz Grilled Rib Eye with Garlic Parmesan Fries and Herb Butter - \$18.99

PORK CHOP: 10oz Bone-in Pork Chop served with Mashed Potatoes and Sautéed Spinach finished with a Balsamic Reduction - \$16.99

SIDES

\$4.00

Asparagus	French Fries
Broccoli	Cajun French Fries
Coleslaw	Garlic Parmesan Fries
Corn	Sweet Potato Fries
Sautéed Spinach	Onion Rings
	Jasmine Rice
	Mashed Potatoes

DESSERT

\$6.99

Molten Lava Cake
(.99 w/Vanilla Ice Cream)
Hot Fudge Sundae

BURGERS and SANDWICHES

All Sandwiches served with choice of French Fries Or Onion Rings

Choice of: American, Swiss, Cheddar, Or Gouda Cheese

Add \$1 for: Sweet Potato Fries, Cajun Fries Or Garlic Parmesan Fries

Add Avocado or Bacon: \$1.00

BEEF BURGER: Lettuce, Tomato, and Onion - \$9.99

RBG BURGER: Caramelized Onions, Bacon, Smoked Gouda, Roasted Garlic Aioli - \$11.99

HAWAIIAN BURGER: Teriyaki Glaze, Grilled Pineapple Slice, Topped with a Onion Ring - \$11.99

FRENCH DIP: Roasted Prime Rib, Caramelized Onions, Swiss cheese, Au Jus - \$12.99

FISH SANDWICH: Battered Haddock, Lettuce, Tomato, Onion, and Tartar Sauce - \$11.99

VEGGIE BURGER: Pickled Shallots, Mixed Greens & Garlic Aioli - \$10.99

REUBEN: Corned Beef, Caramelized Sauerkraut, Swiss cheese, Thousand Island on Marble Rye - \$10.99

GRILLED CHEESE: Swiss, American and Smoked Gouda with Tomato on choice of bread (Marble, White or Multigrain) - \$7.99
Add Bacon - \$2

BLT: Applewood Smoked Bacon, Lettuce, Tomato, American cheese on choice of bread (Marble, White or Multigrain) - \$7.99

CHICKEN CAPRESE: Grilled Chicken, Tomato, Basil, Fresh Mozzarella, and Balsamic Glaze on Ciabatta - \$10.99

KIDS MENU

\$6.99 with Drink and Hoodsie Cup

Chicken Fingers: Crispy Chicken Fingers served with French Fries

Kids Pasta: Ziti Pasta tossed with Butter or Pasta Sauce

Grilled Cheese: Grilled White Bread with American cheese served with French Fries

Hamburger/Cheeseburger: with Ketchup on a Grilled Brioche Roll served with French Fries

Mac-n-Cheese: Traditional Macaroni and Cheese