

ROCKLAND BAR AND GRILL



PUBLIC HOUSE SINCE 2016

WWW.ROCKLANDBARGRILL.COM

323 UNION STREET, ROCKLAND MA • (781) 347-3945

APPETIZERS

CHICKEN WINGS: Brined, Bone in Wings, choice of sauce; Buffalo, Sweet Thai Chili, Garlic Parmesan & BBQ - 6/\$6.99 12/\$12.99

STEAK and CHEESE EGG ROLLS: Prime Rib, Caramelized Onions, Smoked Gouda & Horseradish Aioli - \$10.99

BUFFALO CHICKEN DIP: Roasted Chicken, Cream Cheese, Buffalo Sauce, topped with Blue Cheese Crumbles & served with Tortilla Chips - \$10.99

NACHOS: Cheddar Cheese, Jalapenos, Corn Salsa, & Cilantro Cream - \$10.99
Add Chicken - \$3, Chili \$2, Steak \$5 or Shrimp \$6

QUESADILLA: Grilled Tortilla, Cheddar Cheese, Caramelized Peppers & Onions, Corn Salsa - \$8.99
Add Chicken - \$3, Steak \$5 or Shrimp \$6

CHICKEN TENDERS: House made; choice of sauce; Buffalo, Sweet Thai Chili, Garlic Parmesan & BBQ - \$8.99

FRIED MOZZARELLA: Fried Mozzarella & Marinara - \$7.99

BLACKEND SHRIMP: Cajun sautéed shrimp over mixed greens, corn salsa & tortilla chips - \$11.99

CRABCAKE REUBEN SLIDERS: Housemade Crabcake, w/Swiss Cheese, Sauerkraut & 1000 Island - \$14.99

LOADED JUMBO TATER TOTS: \$6.99

CORN SALSA AND CHIPS: \$5.99

BEVERAGES

Cola, Diet Cola, Pep Up, Ginger Ale, Root Beer - \$2.00

Lemonade, Raspberry Iced Tea, Unsweetened Iced Tea - \$2.50

Red Bull - \$4.00

Coffee, Hot Tea - \$2.00

Milk, Chocolate Milk - \$2.00

SOUPS AND SALADS

FRENCH ONION: Three Cheese Blend with Toasted Crostini - \$4.99

NEW ENGLAND CLAM CHOWDER: Bacon & Scallions - \$5.99

CHILI: Topped with Cheddar Cheese & served with Tortilla Chips - \$6.99

RBG CHOPPED: Romaine, Iceberg, Cucumbers, Red Onion & Tomato - \$6.99

CAESAR: Romaine Hearts, Parmesan, & Homestyle Croutons - \$7.99
Add Chicken -\$3, Steak \$5 or Shrimp \$6

COBB SALAD: Romaine & Iceberg mix, Roasted Chicken, Blue Cheese Crumbles, Bacon, Tomato & Egg - \$12.99

CAPRESE SALAD: Tomato, Pesto, Fresh Mozzarella, & Balsamic Glaze served on a bed of greens - \$8.99

Add Chicken - \$3, Steak \$5 or Shrimp \$6

WEDGE SALAD: Iceberg, Bacon, Red Onion, Blue Cheese Crumbles, Tomato & Blue Cheese Dressing - \$6.99

DRESSINGS:

Balsamic Vinaigrette, Blue Cheese, Caesar, Italian, Ranch, 1000 Island & Honey Mustard

FLATBREAD

RBG: Garlic Oil, Caramelized Onions, Bacon, Mozzarella & Scallions - \$12.99

VEGGIE: Peppers, Onions, Spinach, Mozzarella & choice of Red Sauce or Garlic Oil - \$10.99

HAWAIIAN: Red Sauce, Mozzarella, Bacon and Pineapple - \$12.99

MARGARITA: Garlic Oil, Sliced Tomato, Fresh Mozzarella, Pesto & Balsamic Glaze - \$12.99

BBQ CHICKEN: Cheddar, Red Onion & Banana Peppers - \$12.99

MEAT LOVERS: Red Sauce, Mozzarella, Bacon, Pepperoni, Seasoned Beef & Bangers - \$13.99

CHEESE: Red Sauce & Mozzarella - \$9.99

BUILD YOUR OWN:

Green Peppers, Jalapenos, Caramelized Onions, Spinach, Tomato \$1.50/Each

Pepperoni, Bacon, Bangers, Chicken, Seasoned Ground Beef, Mozzarella, Extra Cheese - \$1.00/Each

*Consuming raw or undercooked Meats, Poultry, Seafood, Shellfish, or Eggs may increase your risk of foodborne illness.

ENTREES

BEEF SHORT RIBS: Slow Braised with Loaded Mashed Potato, Irish Whiskey Gravy & Asparagus - \$18.99

SHEPHERD'S PIE: Seasoned Ground Beef, Corn & Mashed Potatoes - \$13.99

FISH and CHIPS: Battered Haddock served with Fries & Cole Slaw - \$15.99

BANGERS-n-MASH: Irish Bangers with Mashed Potatoes & Gravy - \$12.99

STEAK TIPS: House Marinated with choice of Two Sides - \$16.99

TURKEY TIPS: Bourbon Marinated tossed in choice of BBQ, Sweet Thai Chili, Buffalo or Garlic Parmesan with choice of Two Sides - \$15.99

BAKED HADDOCK: Seasoned Crumbs, Lemon Butter Sauce, Sautéed Spinach & Jasmine Rice - \$15.99

SURF & TURF: Steak Tips (2) & Garlic Shrimp (3) served with choice of Two Sides - \$18.99

CHICKEN CURRY: Sautéed Chicken, Peppers & Onions in Curry with Fries and Rice - \$14.99

CHICKEN PARMESAN: Served over Penne Pasta - \$14.99

CHICKEN BROCCOLI ZITI: Grilled Chicken, Broccoli, & Creamy Alfredo - \$14.99

STEAK FRITE: 12oz Grilled Rib Eye with Garlic Parmesan Fries & Herb Butter - \$18.99

BBQ PORK: 10oz Pork Chop served with Jumbo Loaded Tater Tots & Cheddar Broccoli - \$16.99

KIDS MENU

\$6.99 w/ Drink & Hoodsie Cup

Chicken Fingers: Crispy Chicken Fingers served with FF

Kids Pasta: Ziti Pasta tossed with Butter or Pasta Sauce

Grilled Cheese: Grilled White Bread with American cheese served with FF

Hamburger or Cheeseburger: with Ketchup on a Grilled Brioche Roll served with FF

Mac-n-Cheese: Traditional Macaroni and Cheese

BURGERS AND SANDWICHES

All Sandwiches served with choice of French Fries Or Onion Rings

Choice of: American, Swiss, Cheddar, Or Gouda Cheese

Add \$1 for: Sweet Potato Fries, Cajun Fries Or Garlic Parmesan Fries

Add Bacon: \$1.00

BEEF BURGER: Lettuce, Tomato, & Onion - \$9.99

RBG BURGER: Caramelized Onions, Bacon, Smoked Gouda & Roasted Garlic Aioli - \$11.99

HAWAIIAN BURGER: Teriyaki Glaze & Grilled Pineapple Slice, Topped with an Onion Ring - \$11.99

ITALIAN BURGER: Fried Mozzarella & Marinara on a Ciabatta Bun - \$11.99

BLUE RIBBON BURGER: Buffalo BBQ Short Rib, Blue Cheese & Bacon Mayo - \$14.99

IRISH GRINDER: Bangers, Sautéed Onion & Peppers w/Gouda and Swiss in a Sub Roll - \$10.99

CHICKEN PARMESAN SUB: Fried Chicken Tenders, Marinara & Mozzarella Cheese - \$9.99

GRILLED CHICKEN SANDWICH: Fresh Chicken Breast Grilled or Fried, (add any topping; additional cost may apply) - \$8.99

FRENCH DIP: Roasted Prime Rib, Caramelized Onions, Swiss cheese & Au Jus - \$12.99

FISH SANDWICH: Battered Haddock, Lettuce, Tomato, Onion, & Tartar Sauce - \$11.99

VEGGIE BURGER: Pickled Shallots, Mixed Greens & Garlic Aioli - \$10.99

REUBEN: Corned Beef, Caramelized Sauerkraut, Swiss cheese & Thousand Island on Marble Rye - \$10.99

GRILLED CHEESE: Swiss, American & Smoked Gouda with Tomato on choice of bread (Marble, White or Multigrain) - \$7.99 Add Bacon - \$2

BLT: Applewood Smoked Bacon, Lettuce, Tomato & American cheese on choice of bread (Marble, White or Multigrain) - \$7.99

CHICKEN CAPRESE: Grilled Chicken, Tomato, Pesto, Fresh Mozzarella & Balsamic Glaze on Ciabatta - \$10.99

SIDES

\$4.00

Asparagus, Broccoli, Coleslaw, Corn or Sautéed Spinach

French Fries, Cajun Fries, Garlic Parmesan Fries, Sweet Potato Fries,

Onion Rings, Jasmine Rice and Mashed Potatoes

